

PAOS 2023 | ORTHO IN INDY



AUGUST 19-25 @ JW MARRIOTT INDIANAPOLIS

23rd ANNUAL PAOS CONFERENCE

Register online: www.paos.org/cme

Physician Assistants in
Orthopaedic Surgery
PO Box 10781
Glendale AZ 85318

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PHYSICIAN ASSISTANTS IN ORTHOPAEDIC SURGERY

PAOS acknowledges the following companies for their generous contributions to the PAOS 2022 Annual Meeting

DIAMOND LEVEL



GOLD LEVEL



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BRONZE LEVEL



EXHIBITORS

- Avanos Medical
- Butler University
- IceBand
- NCCPA
- Nuance Medical
- SI-BONE
- Smith & Nephew
- Zimmer Biomet

PASSPORT SPONSORS



Dear Colleagues,

I am excited to meet up with everyone this year in Indianapolis for our Annual Conference. We encourage you to make plans now to attend the 23rd Annual Conference of the Physician Assistants in Orthopaedic Surgery (PAOS). This year's meeting will be held August 21st-25th at the JW Marriott Downtown Indianapolis Hotel, Indiana. There is much to offer with historical and cultural walkways, Indianapolis Motor Speedway Museum, to the many venues that offer entertainment such as the Punch Bowl Social Indianapolis. Our meeting has traditionally sold out attendance and we expect this year to be no different given the popularity of the Indianapolis location and the PAOS proven track record of top-notch events.

The week will be filled with lectures and workshops that allow for in-depth knowledge and updates on a broad range of orthopaedic topics. We will be recruiting speakers from some of the top medical institutions in the area that include IU Health University Hospital, Forte Sports Medicine Clinics, and other orthopaedic groups that support the local professional and college athletic programs. There will be plenty of time to network with colleagues and enjoy the countless outdoor activities and tourist attractions in the area.

PAOS consistently provides a premier conference for PAs and NPs practicing in orthopaedics. Don't miss this one!

We look forward to seeing you in Indianapolis!

Scott Jolman, D.Sc., PA-C
Conference Chair





LOCATION

JW MARRIOTT INDIANAPOLIS
10 S WEST ST
INDIANAPOLIS IN 46204
(317) 860-5800

HOUSING BLOCK OPEN

A special discounted room block has been arranged at the JW Marriott Indianapolis.

Room Block Rate: \$199 (plus applicable tax) for either single or double occupancy

Space is limited at the group rate. Please make your room reservations early. The cutoff date for reserving a room in the PAOS Room block is July 19, 2023 or until the room block is full.

To book a room in the PAOS Block – go to:
<https://book.passkey.com/go/PhysicianAssistantAnnual2023>

The JW Marriott Indianapolis – a four-star hotel located in central downtown. This elite destination offers the best views of Indianapolis and is perfectly located close to Lucas Oil Stadium, Victory Field, White River State Park, Indianapolis Zoo and many more Indianapolis attractions. The hotel is connected via a climate-controlled skywalk that provides convenient, walkable access to the city's best restaurants, performing arts, entertainment, sports, museums and parks. Seek luxury in the modern guest room and suites with floor-to-ceiling windows that provide stunning panoramic views of the Indianapolis skyline.



LOCATION HIGHLIGHTS

- Indianapolis Motor Speedway Museum
- Indianapolis Cultural Trail
- Children's Museum of Indianapolis
- Indiana World War Memorial
- Indianapolis Zoo
- Eiteljorg Museum of American Indians & Western Art
- A Top 5 Beer City – if you are a fan of breweries then you are in luck!
- National Headquarters of the NCAA
- A booming culinary scene with classic Indy originals like St. Elmo Steak House, Shapiro's Deli and The Rathskeller

ON-SITE DINING

- High Velocity (premium sports bar)
- Starbucks
- OP Italian

ACCREDITATION STATEMENT

This program is provided by Physician Assistants in Orthopaedic Surgery. The program was planned in accordance with AAP's CME Standards for Live Programs and Commercial Support of Live Programs.

This program is not yet approved for CME credit. Conference organizers plan to request **25 Category I CME credits** from the AAPA Review Panel (an additional 11 optional credits will be available through optional workshops or minisessions. The total number of approved credits is yet to be determined. Participants should claim only those hours actually spent participating in the CME activity.

TO REGISTER ONLINE

Go to: https://paos.org/events/event_list.asp

CONFERENCE INFORMATION

TARGET AUDIENCE

The primary target audience of the Physician Assistants in Orthopaedic Surgery Annual Meeting is members and non-members who desire to improve their orthopaedic knowledge and skills

OVERALL LEARNING OBJECTIVES

Upon completion of the activity, participants will be able to:

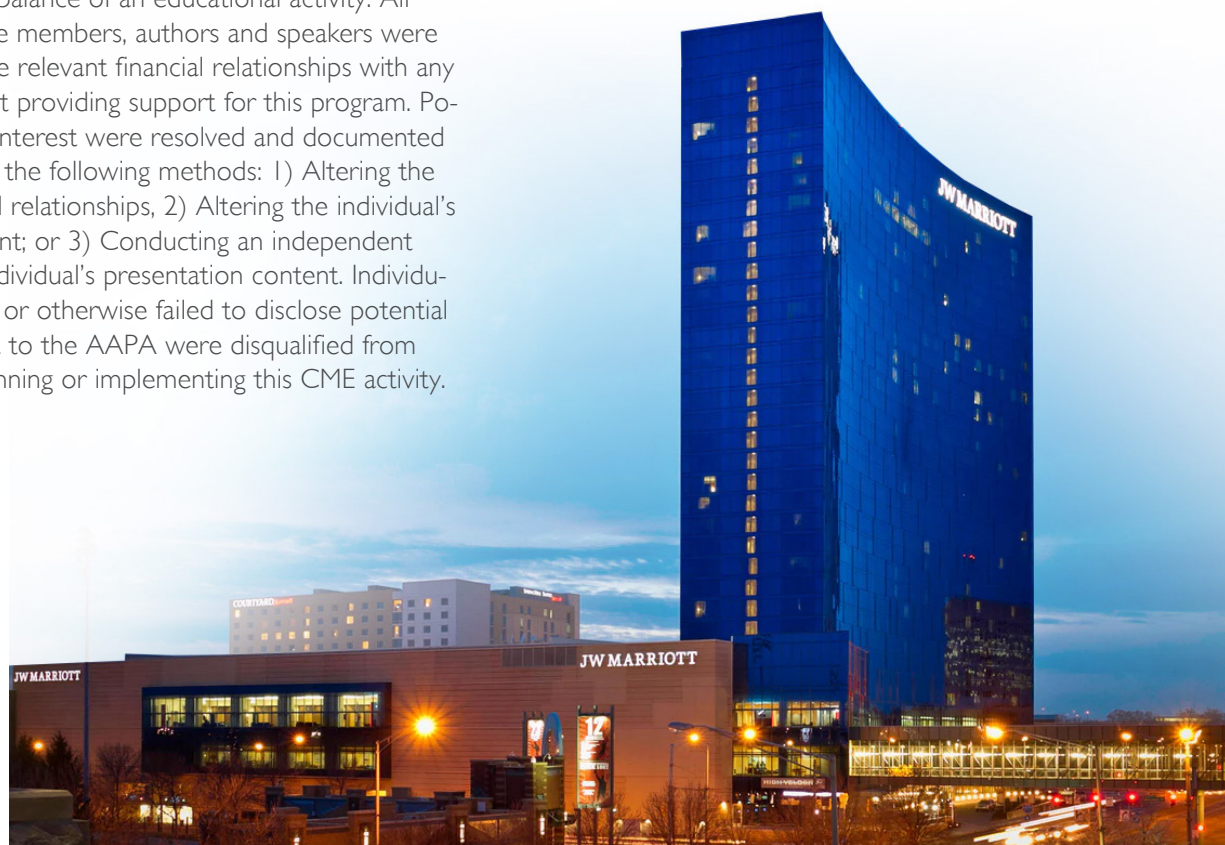
1. Examine and apply basic scientific information and technical skills in orthopaedic surgery
2. Update knowledge regarding current evaluation and treatment of commonly encountered orthopaedic conditions
3. Review current practice management including proper coding, reimbursement, and state/national healthcare legislation updates
4. Develop new clinical and technical skills to improve delivery of healthcare to patients seen in an orthopaedic practice

FACULTY DISCLOSURE

The American Academy of Physician Assistants (AAPA) has implemented a process to identify and resolve conflicts of interest that may exist which might affect the independence and fair balance of an educational activity. All planning committee members, authors and speakers were required to disclose relevant financial relationships with any commercial interest providing support for this program. Potential conflicts of interest were resolved and documented by one or more of the following methods: 1) Altering the individual's financial relationships, 2) Altering the individual's control over content; or 3) Conducting an independent validation of the individual's presentation content. Individuals who refused to or otherwise failed to disclose potential conflicts of interest to the AAPA were disqualified from participation in planning or implementing this CME activity.

FACULTY

Dr. Joseph Maratt, MD
 Mrs. Shani Flemming, PA-C
 Mr. Nick Patterson, PharmD
 Dr. Aman Dhawan, MD
 Dr. Stephen Parada, MD
 Mr. Christopher Marciano
 Dr. Blaise Pascale, MD
 Dr. Bruce Rougraff, MD
 Dr. Phillip Schneider, MD
 Dr. David Porter, MD
 Mrs. Laura Lewis, PA-C
 Mr. Michael Powe, PA-C
 Dr. Dale Snead, MD
 Dr. Peter Maiers, MD
 Dr. Tony Origer, DC
 Mrs. Alicia Quella, PA-C
 Mr. Ben Kocher, PA-C
 Mr. Kristopher Lewis, PA-C
 Mrs. Meghan Joyce, PA-C
 Mr. C. Drake Castle, PA-C
 Mr. Jake Wittenauer, PA-C
 Mrs. Naikeya Coston, PA-C
 Mr. David Rogers, PA-C
 Mr. Michael Tikson, PA-C



LOCATION HIGHLIGHTS



DAILY SCHEDULE

SUNDAY, AUGUST 20, 2023

6:00pm–8:00pm **Attendee check-in / Registration**

MONDAY, AUGUST 21, 2023

7:00am–5:00pm **Check-in/Registration**

NOON – 5:00pm **Exhibitor Check-in & Set up**

7:30am **GOLF OUTING**

OPTIONAL SESSIONS (fees apply to all workshops)

- 7:30am-12:00pm Workshop 1: Casting & Splinting
- 9:00am-12:00pm & 1:30pm-4:30pm Workshop 2a & 2b: Basics of Radiograph Interpretation
- 8:00am-12:00pm Workshop 3a: Intro to Graft Preparation
1:30pm-5:30pm Workshop 3b: Intermediate Graft Prep
- 8:00am-12:00pm Workshop 4a: Intro to Fracture Fixation Principles
1:30pm-5:30pm Workshop 4b: Advanced Fracture Fixation
- 8:00am-10:00am & 10:00am-12:00pm Workshop 5a & 5b: Exam of the Spine
- 8:00am-10:00am & 10:00am-12:00pm Workshop 6a & 6b: Exam of the Knee
- 8:00am-12:00pm & 1:30pm-5:30pm Workshop 7a & 7b: Intro to MSK Ultrasound
- 1:30pm-3:30pm & 3:30pm-5:30pm Workshop 8a & 8b: Exam of the Shoulder
- 1:30pm-3:30pm & 3:30pm-5:30pm Workshop 9a & 9b: Moving Patient Care Forward - Practical Strategies to Promote Health Equity in Orthopaedic Surgery
- 6:00pm-7:00pm Minisession 1: A Primer for New PAs – What You Need to Know

TUESDAY, AUGUST 22, 2023

- 7:00am-5:00pm **Registration/Check in**
- 7:00-8:00am **Continental Breakfast in Exhibit Hall**
- 7:00am **EXHIBITS OPEN**
- 7:50-8:00am **Welcome/Opening Remarks**

TUESDAY, AUGUST 22, 2022 - CONT.

- 8:00-9:00am What To Do When the Basic Shoulder Sports Injury Becomes Complicated - Edward Arrington, MD
- 9:00-10:00am Current Alignment Strategies in Knee Replacement - Joseph Maratt, MD
- 10:00-10:30am **Refreshment Break in Exhibit Hall**
- 10:30-11:30am Practical Strategies to Promote Health Equity in Orthopaedic Surgery - Shani Flemming, PA-C
- 11:30-11:45am **Membership Meeting/Update**
- 11:45am-1:00pm Non-CME Sponsored Lunch Symposium # 1
Sponsor: **SI-BONE**
- 11:45am-1:00pm Non-CME Sponsored Lunch Symposium # 2
Sponsor: **JRF Ortho**
- 11:30am-1:00pm Non-CME Sponsored Lunch Symposium #3:
Sponsor: **DePuy Synthes - DPS Mitek**
- 1:00-2:00pm Opioids Available for Acute or Chronic Pain - Nick Patterson, PharmD
- 2:00-3:00pm Evaluation and Management of PCL and Posterolateral Corner Injuries of the Knee - Aman Dhawan, MD
- 3:00-3:30pm **Refreshment Break in Exhibit Hall**
- 3:30-4:30pm Management of Shoulder Sports Injuries - Stephen Parada, MD
- 4:30-5:00pm Sports Concussions - Matthew Negaard, MD
- 5:00-7:00pm **WELCOME RECEPTION in Exhibit Hall**

WEDNESDAY, AUGUST 23, 2023

- 7:00-8:00am **Continental Breakfast in Exhibit Hall**
- 8:00-9:00am Situational Awareness & De-Escalation - Christopher Marciano
- 9:00-10:00am Evaluation and Management of Peripheral Neuropathy - Blaise Pascale, MD
- 10:00-10:30am **Final Break in Exhibit Hall (exhibits tear down)**
- 10:30-11:30am F&A Management and Evaluation of Bimalleolar Equivalent Ankle Injuries - Phillip Schneider, MD



DAILY SCHEDULE

WEDNESDAY, AUGUST 23, 2022 - CONT.

11:30am-1:00pm	Non-CME Sponsored Lunch Symposium # 1 Sponsor: Alexion
11:30am-1:00pm	Non-CME Sponsored Lunch Symposium # 2 Sponsor: HERON Therapeutics
11:30am-1:00pm	Non-CME Sponsored Lunch Symposium #3 Sponsor: ETHICON
12:30-1:00pm	Poster Board Presentations
1:00-2:00pm	Ortho Oncology/MSK Infection - Bruce Rougraff, MD
2:00-3:00pm	Treatment of the Degenerative Spine - Keith Jackson, MD
3:00-4:00pm	Lisfranc Injuries: Complexities of Diagnosis and Treatment - David Porter, MD
4:45pm-6:15pm	Non-CME Sponsored Dinner #1: Sponsor: Zimmer Biomet
5:30pm-7:00pm	Non-CME Sponsored Dinner #2 Sponsor: TBD

THURSDAY, AUGUST 24, 2023

6:30am-7:30am	Continental Breakfast
7:30-8:00am	Poster Board Podium
8:00-9:00am	Bone Health: Basics in the Evaluation and Management of Fragility Fractures - Laura Lewis, PA-C
9:00-10:00am	Does Pre-Operative Intervention Improve Post Surgical Outcomes? - Peter Doyle, DPT and Nicholas Koreerat, DPT
10:00-10:30am	Break
10:30-11:30am	Infections and Orthopedic Surgery - Alissa Hankee, PA-C
11:30am-1:00pm	Non-CME Sponsored Lunch Symposium # 1 Sponsor: Smith+Nephew
11:30am-1:00pm	Non-CME Sponsored Lunch Symposium # 2 Sponsor: Vericel
11:30am-1:00pm	Non-CME Sponsored Lunch Symposium # 3 Sponsor: Bioventus

THURSDAY, AUGUST 24, 2023 - CONT.

12:30-1:00pm	Poster Board Presentations
1:00-2:00pm	Reimbursement Updates for PAs in Orthopaedic Surgery - Michael Powe, PA-C
2:00-3:00pm	Ankle Arthroplasty: When and Who? - Andrew Wohler, MD
3:00-4:00pm	So You Can't Fix My Rotator Cuff Tendon Tear? - Dale Snead, MD
OPTIONAL SESSIONS	
4:00-6:00pm	Minisession 2: Opportunities for PAs Beyond Patient Care (non CME)
4:00-6:00pm	Introduction to Suturing (non CME)

FRIDAY, AUGUST 25, 2023

7:00-8:00am	Continental Breakfast
8:00-9:00am	Hip Injuries in the Athlete - Peter Maiers, MD
9:00-10:00	Rapid Fire – Poster Board Podiums
10:00-11:00am	Overview of Chiropractic Care and Spinal Injuries in the Adolescent Athlete - Tony Origer, MD
11:00am-12:00pm	NCCPA Updates - Alicia Quella, PA-C
12:00pm	Closing Remarks/ Conference Adjourns



GENERAL INFORMATION

REGISTRATION/CHECK-IN

Sunday, August 20, 6:00-8:00 pm

Monday, August 21, 7:30 am – 5:30 pm

Tuesday, August 22, 6:30 am – 5:00 pm

Wednesday, August 23, 7:00 am – 4:00 pm

Thursday, August 24, 7:00 am – 4:00 pm

Friday, August 25, 7:00 am – 12:00 pm

CONTINENTAL BREAKFAST & COFFEE BREAKS

Continental Breakfast and coffee breaks will be held in the Exhibit Hall on Tuesday, Wednesday, Thursday and Friday.

DISCLAIMER FOR ALL PROGRAMS

The methods, techniques, and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are on their own, and do not necessarily represent those of the Physician Assistants in Orthopaedic Surgery (PAOS), nor does presentation on the program represent or constitute endorsement or promotion by PAOS.

PAOS expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, and techniques.

WORKSHOPS AND MINISESSIONS

Attendance at a Workshop or Minisession is by ticket only and are filled on a first come-first serve registration basis.

HOTEL INFORMATION

JW MARRIOTT INDIANAPOLIS
10 SWEST ST
INDIANAPOLIS IN 46204
(317) 860-5800

Housing Block Open

A special discounted room block has been arranged at the JW Marriott Indianapolis.

Room Block Rates: \$199 f(plus applicable tax) for either single or double occupancy.

Reservation link found at:

<https://book.passkey.com/go/PhysicianAssistantAnnual2023>

HOUSING BLOCK DEADLINE: Space is limited at the group rate. Please make your room reservations early. The cutoff date for reserving a room in the PAOS Room block is July 19, 2023 or until the room block is full.

THE INDIANAPOLIS EXPERIENCE

Attendees love the ease of meeting in Indy. The close proximity of hotels, cultural venues and entertainment brings people together, and isn't that what a meeting is all about?

Indy's energetic downtown offers over 300 diverse restaurants and 50 major attractions, including renowned arts and cultural institutions, award-winning sports facilities, miles of bike paths, a scenic Central Canal, and 250 acres of urban green space. The \$63 million, 8-mile Indianapolis **Cultural Trail** is the first of its kind in the world and internationally recognized as a model for urban revitalization. The urban bike and pedestrian path connects visitors to chef-owned restaurants, boutique shopping, and an array of entertainment options in six thriving Cultural Districts. Bikes are available at select hotels, two convenient rental outlets, and through a bike share.



FREQUENTLY ASKED QUESTIONS

AIRPORT TRANSPORTATION

The nation's first LEED-certified airport, **Indianapolis International Airport**, is only 15 minutes from downtown and welcomes over 1,000 flights weekly from 43 nonstop destinations. Airports Council International named IND Best Airport in North America for the last nine years.

AIRPORT TRANSPORTATION

Indianapolis International Airport (IND) – 13.5 miles

The JW Marriott does not offer an airport shuttle.

Taxi service – approximately \$40

Uber/Lyft – approximately \$30

Greenline Express Shuttle - \$10

PARKING AT THE SHERATON

Self parking - PAOS negotiated rate for attendees is \$35 per day (normally \$52 per day)

Valet - \$57 per day

OPTIONAL PARKING RESOURCES

www.spothero.com

www.parkwhiz.com

AVERAGE TEMPERATURE

High - 83° / Low - 65°

ATTIRE

PAOS conference attire is for attendees is business casual. As a reminder, the meeting rooms tend to run cold, so you may want to bring a sweater or jacket.

WILL THERE BE INTERNET ACCESS IN THE CONFERENCE BALLROOM?

There will be internet access in the conference ballroom. However, due to high demand, access may be slow. It is highly suggested that you download conference app and presentations prior to arriving.

WILL THERE BE A PRINTED SYLLABUS?

THERE WILL BE NO PRINTED SYLLABUS AVAILABLE – ALL INFORMATION WILL BE ON THE EVENT APP

All syllabus information will be made available to attendees one week prior to the conference on the mobile event app. You will be able to print the handouts as desired or load them onto your mobile device. They will be provided in PDF format. Please look for an email from cme@paos.org one week prior to the conference with instructions for accessing the Event App.

HOW DO I PRINT MY CERTIFICATE?

You will be able to view/print/email your CME certificates at the close of the conference. You will also be able to log your CME directly with the NCCPA via the NCCPA.net website. Instructions will be provided on the Event App.

CAN I SIGN UP FOR WORKSHOPS/ MINISESSIONS ONSITE?

Workshops and Minisessions are filled on a first come/first served basis and will fill quickly. Although most optional sessions are filled through the registration process, some spots occasionally open up at the last minute and may be available onsite, but are not guaranteed. We strongly recommend registering for the optional sessions with your initial registration.

